

## EXTENSIVE UNITS in CLINICAL PASTORAL EDUCATION



*Training in Pastoral Care provides a way of loving others and loving yourself.*

### An Extended CPE Basic Unit:

- Is a course conducted over 8 months
- Involves at least 80 hours of group work
- 10 hours of individual supervision
- 150 hours of personal conversation with patients
- 160 hours of private reflection, reading, writing verbatim, research and self-evaluation.

The days and times spent on the wards are negotiated with the hospital, the trainee, and the supervisor.

In these units' trainees will be encouraged to refine their listening skills, to develop their empathy, to have an understanding of their patients' spirituality and to explore their own belief systems about the meaning of life and what grounds them in their own life-experiences.



**The provider  
of this training is  
Rev Frank Wortley**

**The dates for these units are:**

### Unit 1 F-2-F

*Feb 10/11, 25/26, Mar 18/19, April  
15/16, May 13/14, June 10/11, July  
15/16, Aug 12/13 & Sept 9/10*

### Unit 2 F-2-F

*Feb 17/18, Mar 4, 5, 25/26, April  
22/23, May 20/21, June 17/18, July  
22/23, Aug 19/20 & Sept 16/17*

These Programmes in Clinical Pastoral Education open the possibility of becoming a Pastoral Care Volunteer in Local Health District hospitals, some Residential Aged Care facilities on the Central Coast and for entering into paid ministry employment.

**The unit cost is \$1850. Upon acceptance into the programme here is a \$500 non-refundable deposit payable prior to the first day of training. For trainees wishing to be enrolled with a Sydney College of Divinity Chaplaincy programme, fee-help is available.**



**For any enquiries or application forms please contact:**

**Rev. Frank Wortley,  
Acting Centre Director  
Ph.: 0421 001 014**

**[pards7770@gmail.com](mailto:pards7770@gmail.com)**

**Training Venue:** Gosford Hospital  
**Placements** for this Unit are at Gosford and Wyong Hospitals and other diverse ministry locations.

**Interviews** will be held before Christmas.

## What is Clinical Pastoral Education?

It is professional training for people who feel called to minister to the emotional and spiritual needs of people who are experiencing life challenges. Pastoral carers work in hospitals, gaols, schools, and other areas where people are hurting physically, mentally, or spiritually.

Pastoral carers come from diverse faith traditions and none and can be either ordained clergy or lay people. Their focus is on the person who is hurting; their ministry is one of presence, to be for the other whatever the other desires.

Candidates are selected after interview on the basis of their readiness to undertake the CPE program. What is important is the ability of the trainee to see what is good in the other, with a concern for the emotional and spiritual needs of their colleagues and patients.

Trainees are encouraged to draw from their own faith traditions to enrich the diverse ethos of the Centre.



### GOSFORD CPE CENTRE

This Centre offers an Introductory Course as well as Extensive Units in CPE. It is preferred but not essential that trainees complete the Introductory Course before beginning the Foundational Unit (Foundational units meet requirements for the Grad. Cert, Grad Dip and Master in Chaplaincy offered by the Sydney College of Divinity). All units will be offered in 2023.

The Centre works closely with the Hospital Chaplaincy Department and the Foundational Unit is accepted as suitable training for Volunteer Pastoral Carers within the hospital.

**Placement for these Units can be at Gosford and Wyong Hospitals or other agreed ministry locations.**

**ALL STUDENTS MUST BE FULLY VACCINATED**



## Professional Education in Pastoral Ministry Clinical Pastoral Education

### Foundational

### Training in Pastoral Care

**(Two Units are offered)**

**Classroom training: Face-to-Face-Two, two-day orientation weekends and then two consecutive days each month, 9am-5pm and 1-4pm.**

**AND**

**Six hours practical hospital/ministry placement per week**