



## STUDY PROGRESSION FOR NEW COUNSELLING STUDENTS IN 2025 – SYDNEY v1

Each semester, you can choose between 1 and 4 units of study. A unit is what colleges and universities call a subject. See below for further explanations of codes, modes, pre and corequisites etc.

CODE	NAME	Prerequisites or Corequisites	Mode of Delivery	Semester 1 Schedule		Semester 2 Schedule
COU801	<b>Interpersonal Therapeutic Skills &amp; Practice 1</b>	NIL	Semi-intensive On Campus	7, 8 March 28,29 March 2-3 May 30-31 May Fri: 6.00pm – 9.00pm Sat: 9.30am – 4.30pm + Live Online: 12 May @ 6.30pm – 8.30pm	<b>OR</b>	8 - 9 August 29 - 30 August 26 - 27 September 24 - 25 October Fri: 6.00pm – 9.00pm Sat: 9.30am – 4.30pm + Live Online – 15 September @ 6.30- 8.30pm
COU802	<b>Interpersonal Therapeutic Skills &amp; Practice 2</b>	<b>Prerequisite:</b> COU801	Semi-intensive On Campus	7, 8 March 28,29 March 2-3 May 30-31 May Fri: 6.00pm – 9.00pm Sat: 9.30am – 4.30pm + Live Online: 12 May @ 6.30pm – 8.30pm		8 - 9 August 29 - 30 August 26 - 27 September 24 - 25 October Fri: 6.00pm – 9.00pm Sat: 9.30am – 4.30pm + Live Online – 15 September @ 6.30- 8.30pm
COU811	<b>Legal, Ethical, &amp; Cultural Factors in Professional Practice</b>	NIL	Live Online or On Campus	On Campus Wednesday 6.00 – 8.45 pm		Live Online Wednesday 6.00pm – 8.45 pm



COU812	<b>Human Development</b>	NIL	Live Online or On Campus	On Campus Thursday 1.30pm – 4.15pm	Live Online Thursday 6.00pm – 8.45pm
COU813	<b>Therapeutic Approaches to Counselling</b>	NIL	Live Online or On Campus	On Campus Tuesday 6.00pm – 8.45pm	Live Online Tuesday 6.00pm – 8.45pm
COU815	<b>Reflection &amp; Integration of Theology in Therapeutic Practice</b>	<b>Prerequisites:</b> COU801, COU812, COU813 <b>Corequisites:</b> COU802	Live Online or On Campus	Live Online Wednesday 6.00pm – 8.45pm	On campus 15, 16, 18, 19 July 9.00am – 5.00pm + 3 Live Online Sessions: 4 August, 11 August, 18 August 6.30pm – 8.30pm
COU816	<b>Mental Health &amp; Professional Practice</b>	<b>Prerequisites:</b> COU801 <b>Corequisites:</b> COU802	On Campus and Online or Live Online	Mixed: Online + 3 Live Online classes – 24 Feb, 10 Mar, 19 May 6.30pm-8.30pm AND On Campus 9 - 11 April 9.00am – 5.00pm	Mixed: Online + 3 Live Online classes – 28 July, 11 August, 20 October 6.30pm – 8.30pm AND On Campus 17 - 19 September 9.00am – 5.00pm
COU933	<b>Group Dynamics &amp; Facilitation</b>	<b>Prerequisites:</b> COU801	Summer and Winter School	On Campus 12, 13, 14 February & 17, 18 February 9.00am – 5.00pm	On Campus 9,10,11 July & 14, 15 July 9.00am – 5.00pm

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## FULL-TIME OR PART-TIME?

- It takes on **average**, a total of 9 or 10 hours per week to complete one unit. This includes your 'in class' time as well as time required to complete readings, assessments etc.
- You can complete your study either full or part-time (unless you are an international student, in which case you must study 4 units each semester).
- 3 or 4 units studied during a single semester are considered full-time. If you are applying for Austudy you must complete either 3 or 4 units per semester.
- 1 or 2 units studied during a single semester is considered part-time.

## UNITS OF STUDY:

- Most of these units are offered in both semester 1 and 2, some however, have pre or co-requisites.
- Pre-requisites – these are units you must complete PRIOR to completing the nominated unit. For example, you must complete COU801, prior to completing COU802.
- Co-requisites – these are units you can complete AT THE SAME TIME as the nominated unit. For example, you can complete COU802 at the same time as completing COU815. You can also complete co-requisites PRIOR to completing the nominated unit, but not after. For example, you would not be able to enrol in COU802 after COU815, it must be done either before, or at the same time.

## UNIT CODES:

- COU indicates that the unit is a Counselling unit. Some units are also taught in Chaplaincy, and you will see them in the timetable noted with both a COU and CHA code.
- The number you see relates to the Australian Qualification Framework (AQF) number. All the units in the Graduate Certificate or the Graduate Diploma (except for Group Dynamics & Facilitation) are coded AQF 8. The first year of Masters is completed at AQF 8.
- AQF 8 level units **and** Group Dynamics & Facilitation must be completed PRIOR to commencing AQF 9 level units.

## MODES OF DELIVERY:

- **On Campus** – the class is conducted on campus, and must be attended on campus
- **Semi-intensive** – the class is split into several weekends across the semester. Friday night: 6.00pm – 9.00pm, and Saturday: 9.30am – 4.30pm.
- **Live Online** – the class will be conducted via zoom, and must be attended during the nominated times
- **Summer School Intensive** – the class is conducted on campus for 4 or 5 days (9am – 5pm) prior to the start of semester 1



- **Winter School Intensive** – the class is conducted on campus for 4 or 5 days (9am – 5pm) during the mid-year break
- **Mixed Delivery** – the class is conducted as a mixture, with either online or live online classes and a 2 or 3 day intensive.
- **Online** – study at your own pace and time, generally one week per lesson. Also usually includes 3 live online tutorials.