



MORLING  
COLLEGE

WWW.MORLING.EDU.AU



# COUNSELLING COURSE & UNIT GUIDE

INTEGRATING FAITH AND PROFESSIONAL PRACTICE

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# MORLING'S VALUES

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## **Christ is Central**

Gospel-focused and Bible-based education that submits to the authority and centrality of Christ and his Word. Equipping and shaping you to proclaim and live out the gospel.

## **People Matter**

Caring education that values people and welcomes a diversity of theological opinion and ministry practice within a framework of shared evangelical conviction.

## **Education is Transformative**

Life-transforming and excellent education that empowers you to pursue passionate Christian discipleship. A transforming balance and integration between academic study, practical training and spiritual formation.





# ABOUT MORLING COLLEGE

Morling College is a Christ centred, gospel focused, Biblically grounded education institute.

**At Morling College, we want to spread Jesus' message to the world. We do this by sharing our passion, collective knowledge, and 100+ years of experience to shape and equip people, so that they are better prepared to invest in the lives of others.** We believe that learning happens best in community and that authentic faith impacts all we do.

Although our facilities and vision are very much 21st century, we have been shaping and equipping people to achieve their calling since 1916. Thousands of Morling trained pastors, missionaries, leaders, teachers, chaplains, and counsellors are impacting communities around Australia and the world.

Morling has two main campuses - Sydney campus in Macquarie Park, NSW, and Perth-Vose campus in Bentley, WA.

Across our campuses and through Morling Online, we offer courses at all levels of study, across a variety of specialist areas of study, including:

- Counselling
- Chaplaincy and Spiritual Care
- Bible and Theology
- Mission
- Youth Ministry Training
- SRE Training
- Education (Leadership)
- Professional Supervision

If you are searching for training that will challenge, stretch and equip you, we invite you to consider Morling College.

## REASONS TO STUDY AT MORLING COLLEGE



Quality Training



Worldclass Faculty



Flexible study options



Challenge your thinking and practice



FEE-HELP available



Multiple modes of delivery

# STUDY COUNSELLING AT MORLING

**Professional counsellors have a profound influence on the lives of their clients in helping them to understand and interpret their life and circumstances.**

Studying counselling at Morling College will prepare you to respond authentically to your client's needs and problems within a clear biblical and theological framework. The Counselling Faculty members are committed academics and experienced practitioners who will journey with you throughout your training to develop both academic and clinical excellence. Their vision is for graduate counsellors to be able to integrate their faith with a high level of professional practice and be capable of influencing change and growth in people, in order to bring about healing and health.

A key value at Morling College is Education that is Transformative. Within the counselling course, you will pursue transformative self-awareness in your personal, spiritual, and social identity. This learning informs and develops the professional identity of the Christian counsellor.

When you graduate you will be equipped to work in a variety of settings; church and ministry positions, schools, counselling agencies, or private counselling practices. You can also use your new knowledge and skills in your current profession.

You will benefit from the fact that all faculty and adjunct lecturers are themselves highly regarded counselling practitioners and this assists in creating a course that is dynamic as well as up to date with best industry practice. Our practicum students are sought after for their high level of skill development, self-awareness, ability to work with process, and their ability to sit with clients in vulnerable emotional spaces.

Our graduates are well prepared to find placements in both Australian and international settings.

## **COURSE PROGRESSION — 'NESTED' COURSES**

'Nested courses' are a set of courses of study which are offered sequentially, meaning each course is nested in the one above it. Within the courses that Morling College offers, our Counselling courses are considered as 'nested' in the course above it.

This means, that the 4 units you complete in the Graduate Certificate, make up the first 4 units of the Graduate Diploma or Masters. The 8 units of the Graduate Diploma then fit in to a Master of Counselling.

This allows for students to complete a shorter award and move easily in to a longer award at the same level, or to exit early from a longer award.

## STYLE AND APPROACH

Our style of training and education is focused not only on a robust knowledge of counselling practices and theory but also, more importantly, a capacity to integrate counselling practices in an authentic and transformative manner. Educators work closely with students to develop a strong Christian worldview of professional counselling skills and knowledge.

Our courses:

- Are taught in a supportive and safe learning environment that encourages excellence in academic and professional development.
  - Draw on evidence-based theory with an emphasis on the integration of theory, method, and practical skills.
  - Provide an experiential learning process creating a unique opportunity for students to develop the knowledge and skills necessary to facilitate deep transformational change in others.
  - Support students to develop the capacity to be therapeutically present with clients and work at relational depth.
- Nurture a sensitivity to the subtleties involved in what lies beneath the surface of client stories.
  - Challenge you to integrate your faith and Christian worldview with counselling theory and practice.
  - Develop your skills through the use of lectures, case studies, discussion, skills training, observation and experiential work.
  - Encourage you to develop self-awareness through the process of reflection, exploration, and experience-based training.
  - Equip you to think critically about assumptions, beliefs and value systems, integrating these within your own Christian spirituality and worldview.
  - Will increase your understanding of relationships and challenge you to develop your awareness of how you relate to others.

**“Morling has provided me with the opportunity to graduate as a specialist child and adolescent counsellor. The extra studies undertaken to do so, now enable me to work confidently in this area where I am privileged to share in the client’s world and their experiences.”**

**– Michelle**





# GRADUATE CERTIFICATE OF COUNSELLING

## **COURSE DESCRIPTION:**

The Graduate Certificate of Counselling can be completed full-time over one semester and can be considered as one-half of the Graduate Diploma of Counselling.

## **ENTRY REQUIREMENTS:**

Entry to the Graduate Certificate of Counselling is based on evidence of a capacity to undertake higher degree studies including a:

- Bachelor degree,
- Bachelor Honours degree or
- Graduate degree.

Applicants must attend an interview in which they demonstrate capacity for counselling, including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.

## **EXPERIENCE BASED ENTRY SCHEME:**

Applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they provide evidence of educational and/or professional background deemed to be equivalent to an undergraduate degree. Such evidence would include non-tertiary study (i.e., VET, professional studies that are non-accredited), documented life experiences equivalent to an undergraduate degree, and/or work experience that would suggest the capacity for postgraduate study.

## **COURSE OUTCOMES:**

Graduates of this award will have sound knowledge and skill in the key components of developing therapeutic counselling relationships and an understanding of the therapeutic alliance. Graduates will be able to apply this knowledge to developing therapeutic relationships in a range of contexts. The Graduate Certificate will also provide the necessary skills for further training in counselling through either the Graduate Diploma or Master of Counselling.







**CAREER OPTIONS:**

The Graduate Certificate will enable graduates to utilise their skills within their existing professional careers: for example, as pastors, teachers, health care professionals or community care workers.

**CREDIT POINTS:**

48 credit points at 800-level

**COURSE DURATION:**

The course can be completed in a minimum of 1 semester (of 13 weeks duration). The maximum length of candidature is 2 years.

**COURSE STRUCTURE:**

Students complete 2 core units and 2 elective units.

CORE UNITS		
CODE	DESCRIPTION	CP
COU801	Therapeutic Communication Skills	12
COU812	Human Development	12

ELECTIVES (CHOOSE 2)		
CODE	DESCRIPTION	CP
COU802	Counselling Theory and Practice	12
COU811	Legal, Ethical and Cultural Issues	12
COU813	Counselling Methodologies in Therapeutic Practice	12
COU816	Mental Health Management	12

# GRADUATE DIPLOMA OF COUNSELLING

## **COURSE DESCRIPTION:**

The Graduate Diploma of Counselling can be completed full-time over one year and can be considered as one-half of the Master of Counselling.

## **ENTRY REQUIREMENTS:**

Entry to the Graduate Diploma of Counselling is based on evidence of a capacity to undertake higher degree studies including a:

- Bachelor degree,
- Bachelor Honours degree or
- Graduate degree.

Applicants must attend an interview in which they demonstrate capacity for counselling, including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.

## **EXPERIENCE BASED ENTRY SCHEME:**

Applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they successfully complete the Graduate Certificate, having been admitted under the Experience Based Entry Scheme.

Admission to the Graduate Diploma of Counselling is not automatically assumed on completion of the Graduate Certificate of Counselling. Applicants must attend an interview where their capacity to undertake Diploma-level training will be assessed.

## **COURSE OUTCOMES:**

Graduates will have advanced skills required to counsel a range of clients, and be able to develop deep therapeutic counselling relationships.

Graduates will have an understanding of the theory and models of human development and be able

to counsel clients at different life stages. They will have advanced knowledge of dominant therapeutic theory and methods as well as the legal, ethical and cultural factors affecting counselling practice. They will have specialised knowledge of the spiritual and theological issues relevant to working with clients within a multi-faith, multi-cultural context. The Graduate Diploma will also provide the necessary skills for further advanced training in counselling through the Master of Counselling.

## **CAREER OPTIONS:**

The Graduate Diploma will allow graduates to utilise and integrate counselling skills into their existing vocational careers or enable graduates to practice as professional counsellors eligible to register with the Australian Counselling Association (ACA) as a Level 4 practitioner. Graduates may find employment as counsellors, or in government or non-government organisations (NGO's) as case workers, allied health care professionals, and community care workers.

## **CREDIT POINTS:**

96 credit points at 800-level

## **COURSE DURATION:**

The course is based on 2 semesters (each of 13 weeks duration). Full-time students complete the course in 1 year.

The maximum length of candidature is 3 years.

## **COURSE STRUCTURE:**

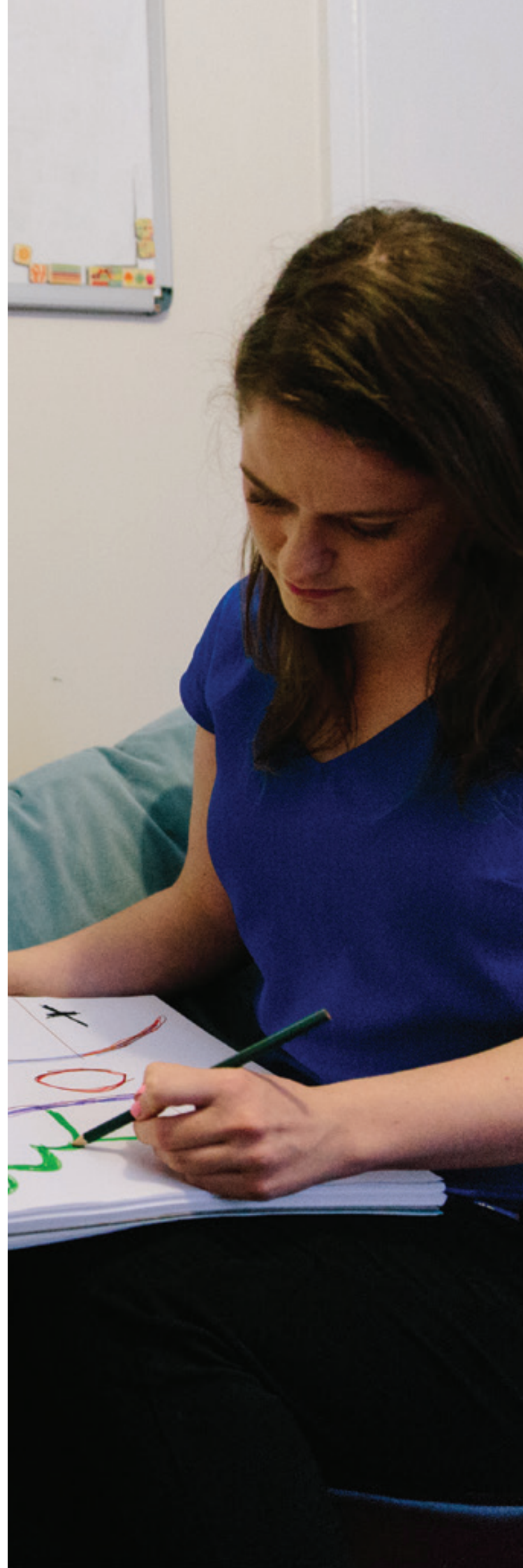
Students complete 7 core units and 1 elective unit.

### CORE UNITS

CODE	DESCRIPTION	CP
COU801	Therapeutic Communication Skills	12
COU802	Counselling Theory and Practice	12
COU811	Legal, Ethical and Cultural Issues	12
COU812	Human Development	12
COU813	Counselling Methodologies in Therapeutic Practice	12
COU815	Counselling and Theology (Reflection and Integration)	12
COU816	Mental Health Management	12

### ELECTIVES (CHOOSE 1)

CODE	DESCRIPTION	CP
COU821	Individual Learning Plan 1	12
COU903	Social Research	12
COU933	Group Dynamics & Facilitation	12







# MASTER OF COUNSELLING

## **COURSE DESCRIPTION:**

The Master of Counselling degree can be completed full-time over two years and provides professional training in counselling with a focus on integrating counselling practice with a biblically sound Christian worldview.

## **ENTRY REQUIREMENTS:**

Entry to the Master of Counselling is based on evidence of a capacity to undertake higher degree studies including a:

- Bachelor degree,
- Bachelor Honours degree or
- Graduate degree.

Applicants must attend an interview in which they demonstrate capacity for counselling including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.

## **EXPERIENCE BASED ENTRY SCHEME:**

Applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they successfully complete the Graduate Certificate of Counselling, having been admitted under the Experience Based Entry Scheme.

Admission to the Master of Counselling course is not automatically assumed on completion of the Graduate Certificate or Graduate Diploma of Counselling. Applicants must attend an interview where their capacity to undertake Master's level training will be assessed.

## **COURSE OUTCOMES:**

The Master of Counselling graduate will have specialised counselling knowledge for a range of clients (adults, children, adolescents, couples, families, groups). Graduates will have developed the capacity to be therapeutically present with clients enabling them to work at relational depth and the capacity to work with the process occurring

in counselling. They will be able to assess and formulate a client's presenting problem and devise counselling interventions. They will understand the theory and models of human development and the implications for counselling clients in the different stages of life. Graduates will have advanced knowledge and understanding of dominant therapeutic theories and methods as well as the legal, ethical and cultural factors affecting counselling practice. Additionally, graduates will have specialised knowledge of the spiritual and theological issues relevant to working with clients within a multi-faith, multi-cultural context. Graduates will also develop specialisations in their chosen fields of study including, Child and Adolescent Counselling, Crisis and Trauma Counselling, Relationship Counselling and Group Facilitation.

#### **CAREER OPTIONS:**

The course will equip graduates to practice as autonomous and independent professional counsellors eligible to register with the Australian Counselling Association (ACA) as a Level 2 practitioner, or with the Psychotherapy & Counselling Federation of Australia (PACFA) as a Provisional member, while working towards clinical membership following graduation. Graduates may be self-employed professional practitioners, or be employed as counsellors in agencies, schools, government or non-government organisations (NGO's), or as case workers, allied health care professionals and community care workers.

#### **CREDIT POINTS:**

192 credit points at 800 and 900-level.

#### **COURSE DURATION:**

The course is based on 4 semesters (each of 13 weeks duration).

The maximum length of candidature is 6 years.

#### **COURSE STRUCTURE:**

Full-time students complete 48 credit points each semester.

During the first year students complete 8 core units, (a total of 96 credit points).

During the second year students complete 96 credit points consisting of:

- 2 core units (24 credit points),
- 4 specialty elective units (48 credit points) OR 2 elective units (24 credit points) and 2 specialty units (24 credit points).
- A year-long workplace-based capstone experience (24 credit points).

#### **RULES OF PROGRESSION:**

- The eight core first year units must be completed to progress to second year units of study
- At least a CREDIT grade must be obtained in the skills-based dvd assessment for COU802 to progress to the supervised counselling practicum unit.
- At the end of year 1 (or the completion of the first 8 core units) the student is required to attend a Feedback and Assessment Interview with either the Dean or the Associate Dean (Counselling) before progression into the 2nd year units.

#### **OTHER PROTOCOLS OF THE COURSE:**

- Students must complete at least 24 credit points in their chosen specialty elective.
- Students may choose to complete an additional specialty in place of the elective Individual Learning Plans.
- All students complete the capstone Supervised Counselling Practicum.

**CORE UNITS**

CODE	DESCRIPTION	CP
COU801	Therapeutic Communication Skills	12
COU802	Counselling Theory and Practice	12
COU811	Legal, Ethical and Cultural Issues	12
COU812	Human Development	12
COU813	Counselling Methodologies in Therapeutic Practice	12
COU815	Counselling and Theology (Reflection and Integration)	12
COU816	Mental Health Management	12
COU901	Individual Counselling 1 (Interpersonal Process Model – Theory & Methods)	12
COU902	Individual Counselling 2 (Interpersonal Process Model – Integration & Applied Practice)	12
COU903	Social Research	12

**ELECTIVES (CHOOSE 2)**

CODE	DESCRIPTION	CP
COU821	Individual Learning Plan 1	12
COU921	Individual Learning Plan 2	12

**SPECIALITY ELECTIVE UNITS (CHOOSE 1  
SPECIALTY = 2 UNITS)**

CODE	DESCRIPTION	CP
COU931	Child and Adolescent Counselling 1 (Theory & Methods)	12
COU941	Child and Adolescent Counselling 2 (Integration & Applied Practice)	12
COU932	Crisis & Trauma Counselling 1 (Theory & Methods)	12
COU942	Crisis & Trauma Counselling 2 (Integration & Applied Practice)	12
COU933	Group Dynamics & Facilitation	12
COU943	Advanced Therapeutic Group Facilitation	12
COU934	Relationship Counselling 1 (Theory & Methods)	12
COU944	Relationship Counselling 2 (Integration & Applied Practice)	12
<b>PRACTICUM</b>		
COU950	Supervised Counselling Practicum	24





## UNITS OF STUDY COUNSELLING

- Therapeutic Communication Skills - COU801
- Counselling Theory & Practice - COU802
- Legal, Ethical and Cultural Issues - COU811
- Human Development - COU812
- Counselling Methodologies in Therapeutic Practice - COU813
- Counselling and Theology (Reflection and Integration) – COU815
- Mental Health Management - COU816
- Individual Counselling 1 (Interpersonal Process Model – Theory & Methods) - COU901
- Individual Counselling 2 (Interpersonal Process Model – Integration & Applied Practice) – COU902
- Social Research – COU903
- Individual Learning Plan 1 - COU821
- Individual Learning Plan 2 - COU921
- Child & Adolescent Counselling 1 (Theory & Methods) - COU931
- Child & Adolescent Counselling 2 (Integration & Applied Practice) - COU941
- Crisis And Trauma Counselling 1 (Theory & Methods) - COU932
- Crisis And Trauma Counselling 2 (Integration & Applied Practice) - COU942
- Group Dynamics & Facilitation - COU933
- Advanced Therapeutic Group Facilitation - COU943
- Relationship Counselling 1 (Theory & Methods) - COU934
- Relationship Counselling 2 (Integration & Applied Practice) - COU944
- Supervised Counselling Practicum - COU950

# UNITS OF STUDY

## **COU801 – THERAPEUTIC COMMUNICATION SKILLS**

This unit is designed to foster the development of self-awareness and understanding of the role of self-awareness in counselling. Situated within a Christian world-view this unit assists students to develop the foundational counselling attitudinal concepts and skills of sensitivity, attuning, attending, positive regard and respect and to develop basic therapeutic communication skills. Students are provided with extended opportunity to develop and practice generic counselling skills within an experiential context and introduced to the concept of therapeutic presence. This unit facilitates the growth and development of the student in both personal and interpersonal domains. Students are also introduced to the skills necessary to provide online counselling services.

## **COU802 – COUNSELLING THEORY & PRACTICE**

### **• PREREQUISITES: COU801**

In this unit students are provided with the opportunity to further develop a deepening understanding of the nature and course of the counselling encounter and to differentiate between content and process in counselling. They are introduced to more advanced counselling skills including the skills of challenge, assessment and case conceptualisation. Students are supported to further develop skills in the provision of online counselling services. Opportunity to develop the ability to utilise more advanced therapeutic techniques within an experiential context is provided. The unit is situated within a Christian world-view, deeply enhancing the student's own personal and spiritual formation. This unit focuses on the intentional development of relationships that are healing and restorative. Students are supported to develop the capacity to be therapeutically present with clients.

## **COU811 – LEGAL, ETHICAL AND CULTURAL ISSUES**

The aim of this unit of study is to familiarise students with the legal constraints and requirements of their work as an allied health professional, to increase cultural awareness and multicultural competency, and to foster the development of moral sensitivity and moral courage. Students will be introduced to the legal and ethical issues relevant in the provision of online and telephone counselling.

Students completing this course of study will develop ethical maturity within their own personal and professional lives by ethical decision-making models and codes of practice that will provide a resource to guide counselling practice, as well as the legal precepts governing work as a counsellor. Additionally, students will explore what it means to practice in a culturally competent manner.

## **COU812 – HUMAN DEVELOPMENT**

This unit provides an overview of the counselling issues related to life span development from birth to death. It examines the main physical, cognitive, social and emotional developmental tasks and milestones in human development and explores counselling interventions which help people with life-cycle transitions and interruptions to normal development. Developmental theories often just study a particular aspect of human growth and development. In this unit we will explore these theories within a theological framework that understands we are created in God's image and are to be in relationship with both him and other human beings.

## **COU813 – COUNSELLING METHODOLOGIES IN THERAPEUTIC PRACTICE**

Students are introduced to a number of different theoretical frameworks or "maps" that can be used to guide their practice with clients and inform the actions they take. Students are given the opportunity to begin to identify the particular therapeutic approach that "fits" with their interests, speciality, personality and experience and to reflect



on the various therapeutic approaches from a Christian world-view. Through a detailed study of attachment theory students have the opportunity to develop increasing awareness of their own attachment style and the impact this has on their personal and professional relationships. Throughout the unit reference is made to insights gained from neuroscience.

### **COU815 – COUNSELLING AND THEOLOGY (REFLECTION & INTEGRATION)**

- **PREREQUISITES: COU801, COU812, COU813**  
**COREQUISITES: COU802**

This unit considers the integration of theological concepts and spirituality with the practice of professional counselling in an ethical manner. It also explores the concepts of "who am I" as a person, as a Christian, as a counsellor and as a professional, and how these integrate within therapeutic relationships. Students are extended in their ability to reflect critically as they explore issues and topics related to the relational and theological dimensions of the Christian counsellor.

### **COU816 – MENTAL HEALTH MANAGEMENT**

- **PREREQUISITES: COU801**  
**COREQUISITES: COU802**

In this unit students will gain an understanding of the factors involved in mental wellness and mental illness, and learn about the role of counselling practice in the field of mental health.

Additionally, students will learn about the principles of mental health management, become familiar with mental health assessment tools, and develop a multidisciplinary model for the clinical management of the mental disorders. Students will learn how to use evidence-based treatment interventions for clients with mental health problems. Throughout this unit reference is made to insights gained from neuroscience.

### **COU901 – INDIVIDUAL COUNSELLING 1 (INTERPERSONAL PROCESS MODEL – THEORY & METHODS)**

- **PREREQUISITES: 800 LEVEL UNITS**

Students in this unit will have an opportunity to learn and explore an Interpersonal Process Model of working with individuals, and deepen their skills and abilities in counselling. This unit encourages students to expand their capacity to conceptualise and work with a range of client presentations and to recognise and understand process dynamics in the therapeutic relationship. Students will continue to develop the capacity to be therapeutically present and the skills necessary to provide counselling online.

### **COU902 – INDIVIDUAL COUNSELLING 2 (INTERPERSONAL PROCESS MODEL – INTEGRATION & APPLIED PRACTICE)**

- **PREREQUISITES: COU901**

This unit is offered at the latter stages of counselling training and aims to promote a fluid transition from being a trainee counsellor to a





novice counsellor who can operate independently as a professional. It will focus on helping the student develop an approach to counselling that fosters personal integration, theoretical coherence, and demonstrable efficacy. Students will apply their skills and knowledge to a range of client presentations and reflect on their strengths and growth areas in this process. In preparation for graduation and qualification students will learn how to develop, promote and engage in a culture of lifelong therapeutic learning and professional development.

### **COU903 – SOCIAL RESEARCH**

- **PREREQUISITES: COU801, COU812**  
**COREQUISITES: COU802**

Students will learn the value of research in counselling practice and how to use research to develop sound evidence-based clinical practice. They will critically evaluate research reports with special attention to the implications for counselling practice. Assumptions, beliefs and paradigms that are implicit in various approaches to counselling research are analysed. The student will develop an understanding of the various qualitative and quantitative approaches to research design and method.

### **COU821 – INDIVIDUAL LEARNING PLAN 1**

- **PREREQUISITES: COU801, COU811, COU812, COU813**

This unit involves developing a course of study that is planned and executed by the student under the guidance and supervision of the unit lecturer.

It provides opportunity to pursue study through directed studies, individually studied courses or through research. The student assumes responsibility for completing the study program and in collaboration with the lecturer identifies the goals, problems, methods, resources and evaluative criteria of the study.

The lecturer will approve the project and is available for consultation and guidance. The student is required to submit a detailed proposal for an

individual learning project to the lecturer by the second week of semester (form available from the Counselling Administrator).

### **COU921 – INDIVIDUAL LEARNING PLAN 2**

- **PREREQUISITES: COU821**

This unit involves developing a course of study that is planned and executed by the student under the guidance and supervision of the unit lecturer. It provides opportunity to pursue study through directed studies, individually studied courses or through research. The student assumes responsibility for completing the study program and in collaboration with the lecturer identifies the goals, problems, methods, resources and evaluative criteria of the study.

The lecturer will approve the project and is available for consultation and guidance. The student is required to submit a detailed proposal for an individual learning project to the lecturer by the second week of semester (form available from the Counselling Administrator).

### **COU931 – CHILD & ADOLESCENT COUNSELLING 1 (THEORY & METHODS)**

- **COREQUISITES: COU901**

This unit is suitable for those students intending to work with children and adolescents within a variety of settings. It provides an introduction to the knowledge and skills necessary for those who wish to undertake counselling practice with this client group.

Students will be given opportunity to develop a greater understanding of child and adolescent development and the impact of childhood experiences on development as well as the range of presenting issues that may be encountered when working with this client group. Ways of engaging children and adolescents within the therapeutic relationship, suitable counselling interventions and strategies and the legal and ethical implications of working with children and adolescents will also be explored.

### **COU941 – CHILD & ADOLESCENT COUNSELLING 2 (INTEGRATION & APPLIED PRACTICE)**

- **PREREQUISITES: COU931**

This unit of study will further expand on the knowledge and skills developed in COU931 Child and Adolescent Counselling 1. Specific therapeutic approaches for working with children and adolescents and ways to determine the most suitable approach will be explored. Consideration will also be given to the skills needed to work collaboratively with the parents and caregivers of the child or adolescent client. Students will develop an advanced understanding of the modalities and settings of child and adolescent work. This will include development of counselling modalities like family and group work as well as working in specific contexts where child and adolescent counselling is provided eg. schools.

### **COU932 – CRISIS AND TRAUMA COUNSELLING 1 (THEORY & METHODS)**

- **COREQUISITES: COU901**

In this unit students will learn to identify the impact of psychological trauma on individuals, families and communities and recognise culturally appropriate expressions. Students will also learn about the current theories and models for understanding and working with people and groups who have, or are experiencing crisis and psychological trauma. This will include the neurobiological, psychosocial and the socio-spiritual-cultural elements of trauma. Students will learn key counselling skills and methods to assess and work therapeutically with clients who are experiencing crisis and trauma.



### **COU942 – CRISIS AND TRAUMA COUNSELLING 2 (INTEGRATION & APPLIED PRACTICE)**

- **PREREQUISITES: COU932**

In this unit students will further develop their understanding of the impact of psychological trauma on individuals, families and communities and recognise culturally appropriate expressions. Students will also apply their knowledge of the current theories and models for understanding to working with people and groups who have, or are experiencing crisis, psychological trauma and post-traumatic stress disorder (PTSD). This will include the neurobiological, psychosocial and the socio-spiritual-cultural elements of trauma. Students will apply their counselling skills and methods to the specialised assessment and counselling of clients who are experiencing crisis and trauma. Field opportunities to observe and work with people in crisis and trauma will be provided.

### **COU933 – GROUP DYNAMICS & FACILITATION**

- **COREQUISITES: COU901**

This unit will build an applied understanding of key paradigms in group therapy. Students will develop the skills of facilitation as applied to group therapy, be able to critically evaluate contemporary group therapy theory and practice, and identify indications for a client's suitability for group therapy. Additionally, students will gain an understanding of diversity and ethics and how they impact on group therapy, and critically integrate the theory and practice of incorporating spirituality in group therapy.

### **COU943 – ADVANCED THERAPEUTIC GROUP FACILITATION**

- **PREREQUISITES: COU933**

Building on the knowledge and skills developed in COU933, students undertaking this unit of study will develop the ability to apply advanced group facilitation skills to diverse therapeutic groups. Students will also gain increased insight and understanding into the skills necessary to facilitate and engage with a deepening group process. During the course of the semester, opportunity will be provided for students to facilitate and participate in a group therapy experience.

### **COU934 – RELATIONSHIP COUNSELLING 1 (THEORY & METHODS)**

- **COREQUISITES: COU901**

This unit introduces students to a broad range of theoretical approaches and interventions in the field of couple and family counselling with an emphasis on the systemic and relational components commonly associated in working with couples and families. Students will gain an understanding of family development and transitions across the life span, develop insight into theories and models of couple and family resilience and integrate couple and family therapy with a Christian world-view. Throughout this unit, students are encouraged to develop an increased understanding of their personal values, biases and own family histories that impact their role as a relationship therapist.





### **COU944 – RELATIONSHIP COUNSELLING 2 (INTEGRATION & APPLIED PRACTICE)**

- **PREREQUISITES: COU934**

This unit builds on COU934 Relationship Counselling 1 (Theory and Methods) and aims to enhance students' skills for conceptualising and working with the system dynamics of family and relationship counselling. The emphasis in this unit will be on working with the couple dyad in order to promote enhanced functioning within the family. Students will develop an integrated approach to relationship counselling including advanced therapeutic insight and interpersonal skill that fosters personal integration, theoretical coherence, and demonstrable efficacy. Students will learn to establish a creative and responsive style to work with novel and unexpected events in relationship counselling, within a professional and ethical framework.

### **COU950 – SUPERVISED COUNSELLING PRACTICUM**

- **COREQUISITES: COU901**

The Supervised Counselling Practicum Unit represents the capstone of the Master of Counselling training program. The student operates under a supervised framework, showing creativity, the application of knowledge and skill and the ability to operate with a high level of autonomy. The practicum provides the opportunity for students to refine and develop their counselling knowledge and skills within a professional counselling environment where the learning comprises the counselling of actual clients. During their practicum experience,

each student practices counselling and learns under the guidance and direction of a professionally qualified and registered, college approved supervisor. The practicum requires a genuine commitment to intensive supervision as a necessary means for furthering the student's professional development. The student has the opportunity to use initiative in the doing of therapy and then use this experience to reflect on best practice methods.

The practicum component is designed to provide students with a supported learning milieu that is grounded in current practice and which will challenge, clarify and strengthen the student's knowledge, skills and attributes. The counselling practicum helps students to develop their own higher level competencies, such as case conceptualisation, problem-solving, communication, and critical thinking, so that they are better prepared for ongoing professional development and are grounded in reflective practice and clinical supervision.

Students are required to remain engaged in their supervised counselling practicum for one day per week for a minimum of two semesters.





# STUDY OPTIONS

## PART-TIME

A part-time load consists of a maximum enrolment of 24 credit points (normally 2 units) per semester.

## FULL-TIME

A standard full-time load comprises an enrolment of 48 credit points (normally four units) per semester. In addition to enrolled units, as a full time on-campus student, you will be encouraged to participate in Community Week at the beginning of the year, and our weekly chapel services.

# DELIVERY MODES

At Morling we offer flexible study options to help you complete your chosen course. Here's an explanation about our delivery modes of study:

## ON-CAMPUS

On campus lectures are held in mornings, afternoons and evenings during the Semester. Students can study either part-time or full-time and may combine on-campus study with livestream study throughout their course, however each individual unit must be taken as either fully on-campus or as a livestream unit.

## LIVESTREAM

Through our online, livestream units, you may study from the convenience of your own home, anywhere in the world. Livestream classes are conducted via Zoom, and the whole class will be online together in real time, allowing for greater interaction with your lecturer and classmates than in a fully online mode. Choose 'Livestream' (LS) as the delivery mode on your Enrolment Form, as lecturers and assignments may differ to on-campus study units.

## INTENSIVE

Our intensive units are a combination of online study and a multi-day block of on campus teaching. They are mostly run during summer and winter (in the breaks between semesters), as well as during the mid-semester breaks in spring and autumn. Intensives are a great way for students to flexibly fit another unit into their busy schedules, or for students living outside of our greater campus areas to get a taste of the on campus experience.

## SEMI-INTENSIVE

Much like Intensives, Semi-intensives are a great way of completing your in-class requirements in a short space of time. These are one and a half day blocks of study spread out throughout a semester. Semi-intensive units are denoted on the timetable with an "i".

## MIXED DELIVERY

Mixed delivery classes are a combination of intensive formats and online learning utilising some livestream classes. These classes are designed to cover the face-to-face material necessary for skills development in a short period of time, and utilizes online and livestream for the remainder of the class material.





## HOW TO APPLY?

### 1. CHOOSE A COURSE TO STUDY

The first step towards applying is deciding which course you would like to study. All of our courses for Counselling can be found in this course guide or on our website. If you need any help pinpointing the right course for you, get in touch with our Counselling Administrator by emailing [counselling@morling.edu.au](mailto:counselling@morling.edu.au).

### 2. SUBMIT AN APPLICATION FORM

Once you have chosen your course of study, you will first need to submit an Application Form. This can be completed fully online via the APPLY NOW link on the Morling College website.

During your online application, you will need to elect to study full time or part time. A part time study load is considered as 1-2 units/subjects per semester, whilst a full time study load is 3-4 units a semester.

The Application Form will ask for information such as your contact details, an emergency contact, the course you wish to enrol in, whether you have completed any previous study, your church and ministry involvement, and contact details for two referees - one being your church pastor, and the other a close Christian mentor, a colleague, or friend. You will also need to attach a number of supporting documents. Your Application will also include a Working with Children Check (WWCC), and psychometric testing to determine suitability for the counselling course.

It is preferred that applications be received no later than January 31st for Semester 1 or June 30th for study commencing in Semester 2. However, applications received after this date will be processed where practically possible.

If you wish to gain any credit transfers or **Recognition of Prior Learning**, please indicate this in your Application or let our Counselling Administrator know by emailing [counselling@morling.edu.au](mailto:counselling@morling.edu.au).

**\*Cross-institutional students** who are taking a one-off Morling unit towards an accredited award at another institution do not need to submit an application, but will need to supply supporting paperwork from their institution. Contact the Counselling Administrator for information on cross-institution enrolment.

### 3. ATTEND AN INTERVIEW

All applications for Counselling courses will require an interview. Interviews will either be in person or through an online meeting portal (E.g. Zoom or Skype), and completed by a member of our faculty.

### 4. ACCEPTANCE

A decision about your acceptance will be made after we have received your application, certified attachments, returned reference questionnaires, and you have completed an interview.

If accepted, the College will send you an Acceptance Letter. In consultation with you, we may offer you a provisional acceptance or suggest a change to your Course level or program to best suit your plans for study.

### 5. CHOOSING YOUR SUBJECTS (ENROLMENT)

Once you have received your Letter of Acceptance, you will be invited to enrol in your specific subjects by completing an online Enrolment Form.

It is your responsibility to ensure that the units you choose each semester fulfil the requirements of your particular course. You also need to ensure that you fulfil any pre- or co-requisite requirements of the units you select. Please refer to the course and unit offering information in this guide before completing an Enrolment Form. The Counselling Administrator is also available to work with you to ensure you enrol in the correct units.

A link to our Online Enrolment Form can be found on Moodle, and will be emailed to you once you are accepted. Your Enrolment Form is completed fully online, and must include signatures where requested. When enrolling, you will also select the Unit Mode you require for each unit - On-campus day/evening (F2F), Livestream (LS), or intensive (I). Not all units are available in all modes, however you may study a combination of units from different modes in any semester. Please submit your Enrolment Form as soon as possible.

We also encourage you to complete our Academic Writing and Study Skills course (MC101) before semester begins. Access to this course is available via Moodle.

**Access to Moodle** will be given once your Enrolment Form has been processed. Early access to Moodle units opens 2 weeks prior to the start of semester, for students who have enrolled at least 4 weeks before semester start. Enrolling in the last 3 weeks prior to semester will result in delayed access to Moodle introductory unit information. Enrolment after Week 2 of the semester will only be accepted under exceptional circumstances.

# FREQUENTLY ASKED QUESTIONS

## WHAT IS THE ACCREDITATION STATUS?

All courses are accredited by the Tertiary Education Quality and Standards Agency (TEQSA). The Graduate Diploma and Master of Counselling are accredited with the Australian Counselling Association (ACA). The Master of Counselling is accredited by ACA and the Psychotherapy & Counselling Federation of Australia (PACFA).

## HOW DO I APPLY FOR RECOGNISED PRIOR LEARNING AND ADVANCED STANDING?

Recognised Prior Learning (RPL) or Advanced Standing (AS) may be granted from previous, successfully completed study or work experience. If students wish to apply for either AS or RPL they should discuss this with the Dean or Associate Dean (Counselling) at the time of interview. Applications for RPL and AS will not be considered after commencement.

With your application, please tell us about, and provide certified copies of official transcripts and unit outlines for, any prior counselling study you may have done. Contact our Counselling Administrator for further details.

## WHAT ARE THE TUITION FEES?

Full Tuition Fee information can be found on the Morling website and basic details are included on enrolment forms.

## HOW ARE FEE PAYMENTS MADE?

Morling offers a variety of payment options including Upfront and FEE-HELP, as well as a range of payment methods (Direct Transfer, BPay, online, in person, cheque & phone). These are explained in detail on our website.

## CAN I QUALIFY FOR AUSTUDY?

Full-time students may be eligible for Austudy. A unit load of three units per semester is considered a full-time load for the purposes of Austudy/ABStudy.

Please enquire about your personal eligibility with your nearest Centrelink office.

## DOES MORLING ACCEPT INTERNATIONAL STUDENTS?

Morling welcomes students from all over the world and we offer a range of services and information to support and help students succeed in their studies. Before applying to study at Morling, all international students should carefully read through all of the international student information on the Morling website and the detailed information in other websites where links are provided.

Morling College is approved by CRICOS (Provider 03265F) to accept and enrol international students in the Faculty of Counselling, Chaplaincy & Spiritual Care.

It is important that international applicants consult the Study in Australia ([www.studyinaustralia.gov.au](http://www.studyinaustralia.gov.au)) and Immigration ([www.immi.gov.au](http://www.immi.gov.au)) websites for detailed information on living and studying in Australia. Further helpful information for international students can be found on the Morling College website.

## WHAT LEVEL OF ENGLISH LANGUAGE PROFICIENCY IS REQUIRED?

In order to be able to study at Morling College, fluency in English is required and international students from non-English-speaking backgrounds are required to demonstrate their proficiency in English. This will normally be through an IELTS test (Academic Version) scoring no less than 7.0 to be eligible for acceptance in our counselling courses. Information on how to sit for an IELTS test can be found at [www.ielts.com](http://www.ielts.com)

Applicants from non-English-speaking backgrounds might not be required to provide IELTS results when they:

- a. have an assessable qualification that was undertaken solely in English within the last five (5) years in Australia, New Zealand, American Samoa, Canada, Fiji, Ireland, Kenya, Papua New Guinea, Singapore, South Africa, the United Kingdom (including Northern Ireland), the United States of America or Zambia.



- b. have lived in an English-speaking country for at least ten (10) years with English being spoken at home and at work.

Supporting documents for the above (IELTS exemption) must be provided with an application. The College reserves the right to request an IELTS to determine academic English proficiency.

International students should contact the Counselling Administrator ([counselling@morling.edu.au](mailto:counselling@morling.edu.au)) for further information.

### **ARE THERE ASSESSMENTS AND EXAMS?**

Every unit at Morling will have a number of assessments to evaluate a student's learning. Assessments within our counselling courses normally involve written assignments only. All assessment tasks are to be completed by the dates set in the unit outline. Essays and assignments should be uploaded on Moodle (our learning management system). Assignments such as videos of counselling sessions and transcripts are to be submitted according to the details on the unit outline.

### **HOW MANY STUDY HOURS ARE REQUIRED PER WEEK?**

While demands will vary somewhat from unit to unit, we conservatively estimate that you need a minimum of seven to ten hours of study per unit per week. These hours include in class time, reading the notes provided, your textbook and other readings, as well as the completion of your various assessment tasks.

### **WHAT COMPUTER REQUIREMENTS DO I NEED?**

To study at Morling you will need access to a computer running Microsoft Windows operating system (or an Android tablet) and an internet browser. You will also need access to an email address that will accept attachments - this address must be checked at least once a week throughout the semester. You will also need Adobe Acrobat pdf reader to access readings, etc.

### **DO YOU HAVE A LIBRARY?**

Morling students have access to a comprehensive library that provides access to a variety of printed, electronic, and online material, ranging from course material and required readings to both general Christian literature and specialist documents useful for research projects and assignments. The Library team offers willing assistance in locating required material. The Morling Library catalogue is accessible online and all students can access journal articles through the catalogue and online database. Library books can be sent out from the library to students enrolled in online units (Australian addresses only).

Morling has also partnered with Perlego, an online library with thousands of textbooks. A subscription to Perlego is given to every student across the Bible and Theology, Counselling, Chaplaincy and Spiritual Care faculties, and some of your textbooks will be available in digital format this way.

### **I HAVEN'T STUDIED IN A LONG TIME, CAN I GET HELP?**

Yes. At the beginning of every semester there is a Study Skills unit available at no cost for students. There is also information on Moodle, and an Academic Tutor is available (email: [academictutor@morling.edu.au](mailto:academictutor@morling.edu.au))

### **ARE THERE SCHOLARSHIPS AVAILABLE FOR THIS COURSE?**

Morling College will be awarding up to ten scholarships annually. The scholarships are open to eligible students who receive an offer of admission to the postgraduate coursework program in Counselling offered by Morling College. The awards are competitive and merit-based, focusing on academic and personal achievements as well as commitment to the profession. Needs based scholarships will also be awarded at the discretion of the Selection Committee. The scholarship will be available for two semesters of study at a time and will commence in the academic year awarded. For further information contact the Faculty of Counselling, Chaplaincy & Spiritual Care on phone (02) 9878 0201 or email [counselling@morling.edu.au](mailto:counselling@morling.edu.au)



# MORLING COLLEGE

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20 HAYMAN ROAD, BENTLEY WA AUSTRALIA 6102

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